



Thank you for registering for the 6th annual GSHA 5K to be held VIRTUALLY on Saturday, May 18, 2023.

***We appreciate your support for GSHA's mission, vision, and values. We can achieve so much more together.***

You've registered for the 6th Annual GSHA 5K, now what?

- Like us on Facebook, Instagram, X and TikTok!
- Check out <https://gsa.memberclicks.net/speed-for-speech-2024> for information pertaining to the race
- Don't forget to share pictures and videos of yourself, your team and/or race attire before, during, and/or after the you complete race.
- Feel free to tag others and use the hashtags #GSHAStrong #gsa5k2024 #GSHADistanceRun
- We can't thank you enough for participating and hope that you will share your participation in the event on social media for others to see that we are #GSHAStrong.

We are excited to offer an in-person race together this year; however, if you can't be there in person there a virtual option. Together we can create a community for years to come.