

**How do I register?**



By Phone:  
 Call **800-791-0262** and provide the information requested on the registration form.



By Mail:  
 Complete the registration form and mail it to **Motivations, Inc.**



On the Web:  
 Visit [www.motivationsceu.com](http://www.motivationsceu.com) to register!

Rate	Description	16 Hrs
<b>Consortium</b>	Group Discount – Register your facility today. 5 or more	\$395
<b>Association</b>	Member of APTA, AOTA, NATA, ASHA, SCARF, or ATRI, etc.	\$445
<b>Individual</b>	Single Registration	\$495

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**Course # Course Title**

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**Date(s) Location**

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**Name Discipline**

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**Facility**

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**Home Mailing Address**

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**City State Zip**

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**Daytime Phone Fax**

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**E-mail Address for Confirmation (will not be shared or sold)**

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**Circle One:**      **VISA    MASTERCARD    AMEX**

Name on Card \_\_\_\_\_

Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_ Billing Address Zip Code \_\_\_\_\_

**Cancellation Policy:** Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.



# Motivations, Inc.

## Accredited Continuing Education Courses


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 www.motivationsceu.com


**National Credentials**  
 Motivations Inc. works with the following CEU approval sources.

Motivations Inc. courses meet United States Physical Therapy Licensing Board's




Accredited  
PT & PTA CEU's


PT CEU Guidelines in 40 states.





**APPROVED PROVIDER of CONTINUING EDUCATION**  
 by The American Occupational Therapy Association, Inc.



Motivations Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

## #304 AEIOU: An Integrated Approach to Pediatric Feeding

**Instructor:**  
 Nina Ayd Johanson, M.S., CCC-SLP, CEIM, CHHP

**AUDIENCE:**  
 SLPs, OTs, Assistants, Educators. Appropriate for other professionals (social workers, nurses, dieticians, etc.) working with infants and young children with feeding problems.

**2-Day Course**  
**8:00 am – 5:30 pm**

**SUMMARY:** The AEIOU approach – acceptance, exposure, independence, observation and understanding – offers a successful method for integrated treatment of infants and young children with challenging feeding disorders using sensory, oral motor, biomedical and environmental strategies. This course teaches a step-by-step approach for helping children learn to explore food, enjoy eating, and participate independently in social mealtimes. Five factors in this holistic approach emphasize active participation, independence and shared control. Participants will leave with knowledge and practical information to achieve functional outcomes for complex etiologies, improve quality of mealtime, manage tube dependency and transition to eating solid foods, treat sensory aversions, improve oral-motor skills, achieve home carryover, and more. This course is presented in a dynamic learning environment, using case studies and videos to engage and instruct participants. Extensive resources are provided. Many special populations are discussed including: prematurity, GERD, allergies, autism, failure to thrive, tracheostomy, picky eaters, and children with various syndromes.

**PRESENTER:** **Nina Ayd Johanson, M.S., CCC-SLP**, a highly regarded clinician and renowned teacher with more than 21 years experience, is an affiliate faculty member at Loyola University Maryland and senior speech language pathologist for an acclaimed children’s hospital. A Certified Educator of Infant Massage, Nina also works in private practice in Baltimore and lectures nationally. She has extensive experience in home-based early intervention and parent training specializing in the evaluation and treatment of children with oral motor/feeding disorders, complex medical issues, autism spectrum disorders, and other developmental disabilities. Nina holds two master’s degrees, a Master of Science in Speech-Language Pathology from Loyola College in Baltimore, MD, and a Master of Arts in Applied Healing Arts from the Tai Sophia Institute, where she studied transformational leadership, healing and wellness. She is a board certified Holistic Health Practitioner and was trained in integrative nutrition through the Center for Mind Body Medicine’s Food As Medicine, the nation’s leading clinical nutrition training program for healthcare professionals. *Financial*— Received a teaching honorarium and reimbursement for travel expenses from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

**OBJECTIVES:** Upon completion of this course, the participant will be able to:

- 1) Develop assessment and treatment strategies that integrate 5 management factors for biomedical and enviro-behavioral influences that limit successful feeding in infants and young children.
- 2) Formulate strategies to achieve parent buy-in for home carryover, promote positive parent-child interaction, and help children participate independently in social mealtime routines.
- 3) Identify contraindications for oral feeding and describe a 5-step treatment plan for advancing pre-feeding skills in non-oral feeders.
- 4) Assess signs of distress and/or disengagement during feeding.
- 5) Develop and implement treatment plans for oral feeding that expand taste repertoire and texture acceptance by incorporating strategies for the mealtime environment, seating/positioning, and oral-motor, sensory, and motor deficits.

**FORMAT:** This is a 16-hour course equivalent to 1.6 CEUs. This course is offered for 1.6 **ASHA CEUs** (**Intermediate Level**; Professional area). **AOTA:** Motivations, Inc. is an approved provider of continuing education by the American Occupational Therapy Association #4002, for 16 contact hours - Intermediate Level Occupational Therapy Process: evaluation, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

**AGENDA:** LUNCH: 12 NOON – 1:00 PM/ BREAKS AT 10:15 -10:30 AND 3:15 – 3:30 DAILY.

**Day One:**

8:00-8:45	Foundations to Management; Support From the Literature; Introduction to AEIOU
8:45-10:15	Categories of Feeding Disorders/Child Effects/Developmental Progression of Feeding Skills; Interactive Exercise
10:30-12:00	Biomedical Factors that Limit Successful Feeding: Prematurity, Respiratory/Cardiac/Craniofacial/Digestive Complications, Allergies
1:00-1:30	Environmental Factors that Limit Successful Feeding: Stress, Physical Environment, Feeding Mismanagement, Caregiver/Support
1:30-2:15	Case Reviews: Applying the 5 Factors: Acceptance, Exposure, Independence, Observation, Understanding
2:15-2:45	When to Treat: Priorities and Contraindications
2:45-3:15	How to Treat: The 5-step Comprehensive Plan
3:30-4:30	Attachment/Communication/Control: Addressing Mealtime Interactions and Behavior Mgt
4:30-5:00	Video Case Studies: Special Populations (Tracheostomy, GERD, Prader-Willi, Autism, Failure to Thrive)
5:00-5:30	Establishing The Mealtime Environment: Merry Mealtime Guide

**Day Two:**

8:00-8:30	Therapy Meals; Video Presentation of Treatment
8:30-9:00	Treating the Whole Child
9:00-9:30	Family-Centered Care: Caregiver Buy-In and Effective Parent Training
9:30-10:00	Seating/Positioning/Self-feeding: Achieving Autonomy and Independence
10:15-10:45	Interactive Exercise
10:45-12:00	Sensory Processing/Food Play: Expanding Taste Repertoire and Texture Acceptance
1:00-2:00	Video Presentations of Treatment; Group Discussion
2:00-2:45	Nutritional Issues: Weight Gain vs. Brain Gain
2:45-3:15	Case Study: Successful Tube Weaning
3:30-4:30	Oral-Motor Treatment: Achieving Success in 6 Steps
4:30-5:00	Tricks With Tools: Tips From My Toolbox, Resources, and More
5:00-5:30	Clinical Problem Solving; Group Analysis

**Course Offerings**

**San Diego, CA: February 10-11, 2017 – Hosted by OT Etc Inc**  
**Atlanta, GA: March 24-25, 2017 – Hosted by Hilton Garden Inn Atlanta Perimeter Mall**  
**Oklahoma City, OK: September 8-9, 2017 – Hosted by The Children's Center Rehabilitation Hospital**  
**Dayton, OH: September 15-16, 2017 – Hosted by Dayton Children’s Hospital**  
**For course location details and registration, please visit: [www.motivationsceu.com](http://www.motivationsceu.com)**