

GEORGIA SPEECH-LANGUAGE-HEARING ASSOCIATION

2020 Annual Convention February 13 – 15, 2020

Evergreen Marriott Conference Resort

PROGRAM OUTLINE

THURSDAY, FEBRUARY 13, 2020

8:00 AM – 5:00 PM Registration Desk Open

9:00 AM – 11:00 AM Pre-Convention Session 1

No Longer Marginalized: GSHA's Work-Entry Communication and Executive Function Training Program

Sucheta Kamath, MS, CCC-SLP, Leila Hartley, PhD, CCC-SLP, Rita Lor, MA, CCC-SLP, Debra Bourgeois, MSC, CCC-SLP, Jennifer Guerin, MS, CCC-SLP

Room: Lake/Woodland

Abstract:

Encounters with the criminal justice system are inevitable for those struggling with addiction, untreated mental-emotional disturbances, dysregulated behaviors, and limited economic mobility due to chronic poverty. Executive Function skills including identifying personal goals, developing plans, organizing tasks, and meeting deadlines are essential to pull oneself out of adverse conditions. In addition, non-verbal and verbal communication skills are the bedrock of personal, professional, and social success. In this presentation, GSHA volunteers will share the treatment protocol developed through the GSHA Gives! program that delivers a free weekly Work-Entry Communication and EF Training Program for inner-city men targeting skill building through adult-education style classes, strategy implementation, role playing, and self-reflection.

Objectives:

As a result of this course, participants will be able to:

1. Identify the nature and scope of executive function and interpersonal needs in effective communication for adults with a history of substance abuse
2. Implement practical interventions that promote work-entry readiness and social adjustment skills through assertive communication, code-switching, and perspective taking
3. Integrate tools and methods that promote the transfer and generalization of skills through self-reflection

Speaker Bios:

Sucheta Kamath is an SLP, a TEDx speaker, and an ed-tech entrepreneur. She is highly specialized in cognitive retraining for patients with acquired brain injuries and is a recipient of multiple professional achievement awards. She owns a Private Practice *Cerebral Matters*, and also hosts a Podcast *Full PreFrontal: Exposing the Mysteries of Executive Function*. Sucheta serves her community in many roles, including the Past-President of GSHA and a founding member/treasurer of the GSHA Foundation.

Leila Hartley, PhD, CCC-SLP, received her Doctorate in Communication Sciences and Neuropsychology from the University of Florida. She has over 40 years of clinical experience in adult neurologically-based communication disorders. Her book *Cognitive-Communicative Abilities Following Traumatic Brain Injury: A Functional Approach* is a major resource for SLP's working in brain injury rehabilitation. She has a number of other publications and has given numerous presentations in discourse abilities and functional approaches to rehabilitation following TBI.

Rita Lor, MA, CCC-SLP is a Speech/Language Pathologist at the Emory Neuro Rehabilitation Program at the Emory Brain Health Center. For more than 30 years, Rita has provided clinical services to patients with disorders of speech, language, voice, cognition and swallowing and is currently a team member of the Parkinson, Mild Brain Injury/Post-Concussion and Day Rehab programs. Rita's primary interest is in the area of neurologically-based mild-moderate cognitive deficits resulting from TBI.

Debra Bourgeois, MSC, CCC-SLP, received her master's degree in Speech Pathology from Auburn University. Debra is an active member of her state association, GSHA, and has served on multiple GSHA committees as chair and as a member. She has been a contributing member to the "Georgia Works!" volunteer project since January, 2018. She is a GA licensed SLP who specializes in treating adults who have experienced cognitive and communication deficits due to stroke and head injury.

Jennifer Guerin, MS, CCC-SLP is the owner of Twist & Shout: Children's Therapy Services. She earned her BS in Communication Disorders from Auburn University, and her MS in Communication Sciences and Disorders from Armstrong Atlantic State University. Jennifer has been an SLP in public and private schools, but her passion is serving children and families within the natural environment. Jennifer's experience includes working with children with complex communication needs focusing on augmentative and alternative communication.

Disclosures:

Financial: Sucheta Kamath is the Founder & Creator of ExQ, LLC (continuing relationship), Patent holder of the META process (continuing relationship).

Financial: Leila Hartley has no relevant financial relationships to disclose.

Financial: Rita Lor has no relevant financial relationships to disclose.

Financial: Debra Bourgeois has no relevant financial relationships to disclose.

Financial: Jennifer Geurin has no relevant financial relationships to disclose.

Non-Financial: Sucheta Kamath is a member of GSHA, Treasurer of GSHFoundation, GSHA Gives! Task Chair & Volunteer, and serves as the immediate past president for 2019-2020.

Non-Financial: Leila Hartley has no relevant non-financial relationships to disclose.

Non-Financial: Rita Lor is a member of the Georgia Speech-Language-Hearing Association, and an unpaid volunteer for GA Works.

Non-Financial: Debra Bourgeois has been an active GSHA member and volunteer since 1983. She has been a contributing co-author of the program curriculum for "GSHA Gives!"/"GA Works!" project since January, 2018.

Non-Financial: Jennifer Guerin has no relevant non-financial relationships to disclose.

Lunch 11:00-12:00 (On your own)

12:00 PM – 2:30 PM Pre-Convention Session 2

Neurogenic Stuttering: Successful Case Studies

Tim Mackesey, CCC-SLP, BCS-F and Kim E. Ono, PhD

Room: Lake/Woodland

Abstract:

The sudden onset of stuttering following a neurological event can be devastating to the patient and the family. The person who stutters can quickly develop negative emotions and thoughts associated with their speech impediment. An integration of behavioral speech control techniques and cognitive therapy is often necessary to make significant and lasting improvements. This course will include video of therapy in action, demonstration of techniques, and live testimony from two adults recovering from neurogenic stuttering.

Objectives:

As a result of this course, participants will be able to:

1. Identify three common cognitive distortions that result from sudden onset stuttering
2. List three speech production steps in a hierarchy from phoneme production to carrier phrases
3. Identify two ways to utilize phrasing to increase fluency

Speaker Bios:

Tim Mackesey, CCC-SLP, BCS-F has a full-time private practice dedicated to stuttering. He is a Board Certified Specialist in Fluency Disorders and a Specialist Mentor per ASHA. Tim had a severe stutter well into his 20s. He has been an SLP since 1992. Tim taught the graduate-level Fluency Disorders course at Georgia State University. Tim is a past president of Georgia Speech-Language-Hearing Association. He is a Master Practitioner of Neuro-Linguistic Programming and Neurosemantics. He integrates leading-edge Cognitive Behavioral Therapy into stuttering therapy. Tim has published several articles in peer-reviewed professional journals.

Kim E. Ono, PhD is a neuropsychologist at Children's Healthcare of Atlanta (CHOA). She completed her undergraduate work at Harvard University, concentrating in neuroscience. She went on to complete her graduate studies at the University of Miami, and her internship and fellowship in pediatric neuropsychology at Emory. Kim has extensive research and clinical background in various imaging and brain monitoring modalities, including fMRI and EEG. Her current research and clinical interests include concussion and epilepsy.

Disclosures:

Financial: Tim Mackesey is the owner of Atlanta Area Stuttering Specialists, a private practice in Atlanta, GA.

Financial: Kim Ono receives a salary from Children's Healthcare of Atlanta. For this presentation, GSHA is providing an honorarium.

Non-Financial: Tim Mackesey has no relevant non-financial relationships to disclose.

Non-Financial: Kim Ono has no relevant non-financial relationships to disclose.

Afternoon Break: 2:30-3:00**3:00 PM – 5:30 PM Pre-Convention Session 3****The Three Pillars of Aspiration Pneumonia**

John Ashford, PhD, CCC-SLP

Room: Lake/Woodland

Abstract:

This presentation will examine the three primary factors: health status, airway protection, and oral health, that are necessary for the development of pneumonia from laryngeotracheal aspiration in patients with dysphagia. These factors will be examined to understand the contributions each makes toward pneumonia development, and the role SLPs play in intervention.

Objectives:**As a result of this course, participants will be able to:**

1. Describe and discuss the three primary causes attributed to the development of pneumonia from aspiration
2. Use knowledge of the three primary causes attributed to pneumonia from aspiration development to better assess patients with dysphagia
3. Identify elements of each cause of pneumonia from aspiration and plan better intervention strategies for reducing or preventing pneumonia occurrences

Speaker Bios:

John R. Ashford, PhD, is the Education Director and Co-Owner of SA Swallowing Services, provider of instrumental dysphagia assessment services to health care facilities, and provider of FEES training courses. He holds Bachelor's and Master's Degrees from the University of Southern Mississippi, and a PhD from Vanderbilt University. He served as a medical speech-language pathologist with the Department of Veterans Affairs for 28 years, an Associate Professor at Tennessee State University, and an adjunct Clinical Professor at the Vanderbilt University School of Medicine for 25 years. He recently served as visiting professor at Dar Al-Hekma University in Jeddah, Saudi Arabia. He served as President of the Tennessee Speech-Language-Hearing Association and is a Life-member of ASHA. He is published and has presented at the local, state, national, and international levels with special research interests in

evidence-based practice and dysphagia treatments, oral care and dysphagia, analysis of FEES studies, and factors in the development of pneumonia from aspiration in patients with dysphagia.

Disclosures:

Financial: John R. Ashford is the Education Director and Co-Owner of SA Swallowing Services, provider of instrumental dysphagia assessment services and FEES training courses. For this presentation, GSHA is providing financial compensation for travel, lodging and meals.

Non-financial: John R. Ashford has no relevant non-financial relationships to disclose.