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President's Message

by Kelly Ball, M.Ed., CCC-SLP GSHA President 2011-12



Looking back over the first half of my term as GSHA President, I am proud of what has been accomplished. GSHA committees are working hard to serve the needs

of our members, and I have enjoyed getting to know many of the people who are working behind the scenes to get the job done. Several big projects have taken the stage this fall. First, Emily Wooten, Maryanne Weatherill, and Jill Barton have been leading the website redesign. Much of the content is now ready, and we will be working with our Executive Director to complete the graphics. Second, a new Executive Leadership Manual has been developed to assist committee chairs in performing their jobs. Third, a Resolutions Records document has been completed by Carol Ann Raymond to assist in researching the activities of the Executive Council. Finally, Vince Clark, Continuing Education Committee Chair, has been working with ASHA to prepare a GSHA continuing education event to be held the day before the ASHA convention. We will be forming a task force to organize a GSHA reception at the ASHA convention and are in need of volunteers to assist with this task. Please email me directly at kellyball@tsg-inc. net if you are willing to help.

Our convention committee, headed by Akilah Heggs and Tashima Nicholson, has been working hard to prepare a great convention for this year. I am excited to hear all the great speakers including Barbara Fernandez, Judy Montgomery, Carol Flexer, Nancy Swigert, Margaret Johnson, Lori Davis and many others. We are happy to be able to fill the request of Babies Can't Wait Providers to provide a course on pediatric swallowing. Also, all the tech savvy therapists will want to make sure they attend the courses on using apps in therapy. Be sure to visit the Schools, Healthcare, and Student forums at lunch on Friday. CMO representatives will be present for a panel discussion at the Healthcare Forum and can assist members in addressing any continuing issues/concerns.

Get Connected to GSHA on.... Linked in

Our First "Night Out with GSHA" held in Macon was a success and members enjoyed an evening of stimulating conversation, good food, and fun. Our next event will be held on Friday Feb 10th at the convention. Several GSHA members have agreed to serve as "hosts" at local restaurants following the roundtable mixer. There will be sign up sheets for several local restaurants by the registration table where members can choose the restaurant where they would like to dine. Members will be responsible for the cost of their meals. Carpooling will be arranged immediately following the Roundtable mixer. I look forward to seeing you there!

I am blessed to have such a great group of GSHA volunteers this year. If you are not yet actively involved with GSHA, I encourage you to speak with a committee chair about getting involved in 2012.

As you can see, we have lots of exciting events and projects happening in the GSHA community. We encourage you to get involved in a committee so that together we can all work toward a better future for SLP's and Audiologists in the state of Georgia.

"We have lots of exciting events and projects happening in the GSHA community."

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Georgia SEAL Editorial

State Education Advocate Leaders (SEAL) and ASHA Special Interest Group 16 (SIG 16) members across the country have been sharing some interesting comments that sound remarkably familiar to those of us working in schools. Have you seen some of the threads that have come through the listserv?

One of the hot issues, and by "hot" I mean "evoking great passion", is that of the time spent in documenting data and billing tickets versus time spent actually treating students. Many responses to the original question regarding balancing the demands of the school environment with finding innovative ways to treat certain disorders seem to have a pervasive tone of frustration and stress.

Calling to mind the results of the school SLP survey from several years back, I remember laughing to myself, and often other "Speachers" in my system, that the "typical" SLP at the time looked, well, just like me: A forty-something female, ten or more years into the profession, active in the affiliated professional organization, complaining only about the paperwork demands for the caseload size we usually carry. Now, it seems, we have complicated disorders to consider, broadening areas requiring expertise, chronic comparison to teachers, shrinking autonomy in treatment options and goal-writing, and funding factors. Yes, while the beginning of the list is tough enough, that last one, funding factors, is even tougher.

Is it that submitting billing tickets is something many school speech pathologists are just now having to learn how to do at this stage in their careers? Is it that we have less autonomy in making our own schedules, working on mandated tasks such as counting, tracking, and documenting? Is it that the effort requires more energy than we have to offer, as a veteran or even as a healthy young new grad? Speech pathologists have written (and I have heard them say to one another) that they feel their performance is not the quality work they mean to do because of the extra duties related to documentation of services. One person from New Mexico states, "I really relate to feeling like I'm not up to par doing the best therapy I can because I'm so embroiled in all the paperwork, politics, and documentation." I hear about really good therapists who now are considering resigning, even leaving the profession because they can't...just improve kids' communication anymore.

What it boils down to is this. We are in the professions of Audiology and Speech Pathology to help others. Systems hire us to support students to where they can access the general curriculum at grade level expectations. That nurturing mentality is the very nature of people who teach communication function.

Communication function relates to how we navigate through life, regardless of the tangential demands placed upon us or our circumstances. We must hold to the philosophies that have been developing since the time we made the determination to study then later practice in our fields. Serving others is our priority, even though administration believes the urgency of funding and preventing legal complications should be.

I don't have answers to the pressing questions, but I do have a focus. This year, being in a school new to me, I am teaching students to figure out ways of making uncomfortable situations less so through better communication. My own philosophy is evolving to include more negotiation, more advocacy, more compensatory strategies, and less attitude.

It is true that I have many things about which I could complain. There are many more things, however, about which I can celebrate. I am still on a *"We are in the professions of Audiology and Speech Pathology to help others."*

quest to promote positive change. I admit that I am a high maintenance speech pathologist who wants all the documentation to reflect honest, achievable progress for the efforts I and my clients are putting forth. I will not compromise my ethics to satisfy administrative demands, but rather will work to find an efficient way to meet compliance requirements.

As we flip the pages of a new calendar, we continue to find best and evidencebased practices for improving the lives of others with communication disorders. We constantly strive toward excellence in our work ethic, continued education, and in the results of our labor. In doing so, all the other stuff will fall into place. It is, after all, a good faith effort to do the best we can.

2012 Award Recipients

The Honors and Awards Board and the GSHA Executive Council are pleased to announce the following award recipients for 2012:

> Jack Bess Memorial Award Emily Wooten

Jack Bess Memorial Scholarship Christine Misztal

Dr. Robert A. Hull Leadership Award Ruth Stonestreet

> Clinical Achievement Award Leila Hartley

Volunteer Appreciation Award Jessica Niederkorn Carol Ann Raymond

Please plan on honoring these extraordinary individuals by attending the Honors and Awards Dessert Reception at the GSHA convention on Saturday, February 11 from 3:30-4:30.

News From ASHA

Happy New Year! News from ASHA is a quarterly summary of all the information directly from ASHA and the ASHA Leader. Stay tuned for upcoming issues of Communication Lines.

School Matters



From the President



Upcoming Events

<u>January</u>

January 18, 2012 Diagnosis and Management of Auditory Neuropathy Spectrum Disorder Live Web Event

January 18-30, 2012 Private Practice Institute Online Online Conference

<u>February</u>

February 15, 2012 Using Mobile Apps and Social Media in Your Practice ASHA Web Seminar

February 23-25, 2012 National Hearing Conservation Association (NHCA) Annual Conference New Orleans, Louisiana

<u>March</u>

March 4-6, 2012 11th Annual Early Hearing Detection & Intervention Conference St. Louis, Missouri

March 8-10, 2012 American Auditory Society Annual Meeting Scottsdale, Arizona What do all of these titles have in common? They are all columns found in the Leader. Check them out in each issue!!!

About The ASHA Leader

The ASHA Leader is our award-winning newspaper, published approximately every three weeks, that provides member and association news, employment recruitment ads, and in-depth coverage of issues and stories shaping the future of the professions.

AUDIOLOGY NEWS

First person on the Last Page

Proposed Audiology Measure Clears Hurdle

Group Audiologic Rehabilitation for Adults: Ten Reasons to Add This Service to Private Practice

Veterans' Hearing Loss Epidemic

Spatial Resolution in Cochlear Implant Users

Internet Speech-in-Noise Tests Unsuitable

Effects of Gabapentin on Tinnitus Unclear

Noise Reduction Algorithms Improve Listening

Co-occurring Birth Defects Delay Hearing Screenings

Did you know.....

You can find any past issue of the ASHA Leader on line @http://www.asha.org/leaderissue.aspx? 60% of ASHA professionals have read at least 3 of the past 4 issues if the Leader; that's about 87.000 members.

Our Mission

The Georgia Speech-Language-Hearing Association is a professional association of individuals specializing in the prevention, diagnosis, and treatment of human communication disorders that (a) advocates for the professional interests of its members and the individuals they serve, and (b) provides for the exchange of professional information and ideas.

Our Vision

The Georgia Speech-Language-Hearing Association and its members shall be recognized as authorities in speech-language pathology and audiology at the local and state levels.

COMMUNICATION LINES is published three times a year by the Georgia Speech-Language-Hearing Association (GSHA). The Editorial Committee welcomes and appreciates articles, news items, and comments. **The next submission deadline is June 15, 2012.**

Let us know if you have moved please send or fax us your name, new address, and telephone number. Or, you can update your profile directly at www.gsha.org.

The Clinical Exchange

By Cathy Carney-Thomas DHSc.MA., CCC-SLP

Welcome to the new year. The school session is already half over. I hope that the holidays were enjoyable and everyone was blessed with all they need and most of what they want. One of my fellow SLPs got a new iPad and is anxious to use it in the classroom. Now, I have not been an Apple person and don't consider myself to be that technologically savvy so I did not know what to say to her when she asked me for advice on techniques or appropriate apps. So, I did what I usually do – investigate - I asked other people and I researched the databases. I found some interesting information that I will share to those of you who want to begin using (or expand your use of) the iPad in the classroom.

The iPad can be used as a communication /AAC device. Because of the customization and the idea that it is "cool" to own one doesn't mark the child using it as different. Many find it more appealing than the traditional models of AAC devices. Some children are immediately drawn to the use of the iPad and are very motivated to master the skills in the classroom and in the home. Many people with autism struggle to figure out facial expressions and will feel more comfortable interacting with non-humans. They are often drawn to activities that are self directed and predictable; the iPad is a great place to start. .

Of course there are a few downsides to the use of an iPad as a communication device that were noted. One is that the sound of the device can be low when used in a crowd – the volume doesn't go up enough. The other is the weakness of the device. The iPad is not as sturdy as the usual AAC device and has not been designed with the special needs population in mind. It may require additional thought for the youngster with behavioral outbursts.

If you do decide to use the iPad in the classroom, naturally you want to require the student/child to request to use the iPad first. It must establish the intention to communicate – make the request. Also, if the child has free reign use of the iPad, it loses its allure for communication. When the child requests the iPad, the teacher may suggest reading the story together and can then focus on practicing verbs in full sentences or some other speech goal. There should be an attitude that time with the teacher and the iPad is fun. You need the child to look forward to the interaction so that the communication itself becomes the reward. Create folders for therapeutic and recreational apps. Name the therapy folder something fun as the kids will figure out that homework and exercise are not thought of as fun.

You will need to explore the apps. Some apps are available for free others while others require a financial outlay. Ask around to see who is using what app with their caseload. There is a really great link to apps for the iPad for use with the autistic population at www. autismspeaks.org/familyservices/ resource-library/autism-apps. I checked out several of them to trial for potential to use in the classroom. There are some really great and wellproduced apps out there that can be used to improve speech, language and communication skills if you think outside the app. You don't have to use the app the way it was intended. Think about what you need the child to achieve and figure out a way to make the app work for you. Keep the goal in mind and muli-task.

Don't just limit yourself to the apps that are meant to be therapeutic or educational. Be creative with the possibilities. Use the notepad feature as a journal – email the entries to teachers, friends and grandparents. Let the child record himself to get immediate feedback on articulation and voice. Use the pictures to record daily activities and use the iPhoto to sequence the pictures to tell a story or create a visual schedule. It was even suggested that the iPad could be used as a behavioral management tool.

See Exchange on page 5

Exchange from page 4

Now that I have learned all this new information, I may have to go out and get an iPad and practice using it in the classroom.

There is plenty of time to forward any information you have on the subject to me at cathycarney2@aol.com. We want to hear from you. If you are currently using any apps for your iPad in the schools or clinic that you find successful please share them with us. You may also forward any questions you would like to see answered by your fellow speech pathologists in future issues of the this paper.

Mark your calendars – the month of February will be here before we know it. Your convention committee is looking forward to the coming year and our annual state convention in Atlanta.

<u>References</u>

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Impact of AAC versus verbal modeling on verbal imitation, picture discrimination, and related speech: A pilot investigation Journal of Developmental and Physical Disabilities 2010 22(2): 179-196

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Join the GSHA Member Listserv

The member listserv is accessible by members of the association. If you are a member, please first review GSHA's Listserv Policy. Then, follow the instructions below to join the list.

To subscribe to the Member Listserv, please follow these steps:

- Go to www.gsha.org, and click on Member Login
- 2. After you log in, click on "My Profile"
- In your profile, select the tab "My E-Lists"
- 4. Next to the GSHA Member Listserve, select "Subscribe"
- Check the e-mail box and make sure that your correct e-mail is entered.
- 6. To start sending to the list, open your e-mail system (ex., Outlook) and type gsha-mbr@ aso.memberclicks.net in the "To" field of your e-mail. Make sure that you send your e-mail from the same address listed in your listserv subscription.

Call for Articles

Communication Lines is a newsletter published electronically four times a year by the Georgia-Speech-Language-Hearing Association (GSHA).

Information for Contributors:

News items and position statements on current professional issues are invited for publication. Manuscripts must be typewritten, single-spaced and submitted on disk (or via e-mail) in Word or Works format. The name, address, and telephone number of the author must be included. Letters to the Editor should be 200 words or less. Unsigned letters will not be published. The author's name may be withheld upon request if a valid reason is provided. GSHA reserves the right to keep any manuscript submitted and does not guarantee that all submissions will be published. GSHA also reserves the right to edit letters and articles for purposes of clarity and space.

Permission to quote a portion of any article in the issue is granted if credit is given to author(s) of the paper and the magazine.

Articles or news items may be sent to:

Jody Rosen Atkins, APR Executive Director 20423 State Road 7 Suite F6-491 Boca Raton, FL 33498 Office: 1-800-226-4742 E-mail: <u>execdir@gsha.org</u>

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Join Us ...

Dinner Out With GSHA

During the 2012 Convention Friday, February 10 7:30PM, after the Roundtable Mixer Crowne Plaza Hotel Perimeter Northwest 6345 Powers Ferry Rd. NW Atlanta, GA 30339

Everyone Invited!

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What's New At The "U"?

Armstrong State University

Dr. April Garrity and Dr. Maya Clark were awarded Armstrong faculty research awards for clinical research projects. Our RiteCare clinic and the CSDS Department will be moving from the Savannah Mall to the Armstrong Center, a campus event and conference center. We have 3 new supervisors starting in the RiteCare clinic at Armstrong: Beth Adkisson, Janet Everly, and Julie Burch who will bring energy and experience from area hospitals and a private practice. Our student, Ebony Brown, has won several awards for her scholarship. She has a special interest in voice and has a mentor from New York University through the ASHA mentor program. We share a department with Physical Therapy and a DPT program, and we are able to collaborate on medical placements, gerontology treatment issues, and fun runs! Our former faculty member, Dr. Donna Brooks, is the acting Dean of the College of Rehabilitation Professions.

Georgia State University

Happy New Year to our colleagues and alums throughout the state! We want to congratulate our most recent graduates (December, 2011) and wish them all the best: Chandra Butler, Brandi Harper, Lydia Henry, Georgia Richards, and Hilary Saperstein.

We are thrilled to announce that Georgia State has been awarded a Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Interdisciplinary Training Program grant by the Maternal and Child Health Bureau. LEND is designed to prepare future leaders to serve children with neurodevelopmental and related disabilities and their families. Georgia LEND (GaLEND) is one of 42 LEND programs operating nationwide and functions as part of the Center for Leadership in Disability on campus. The specific focus of the LEND program at Georgia State is to train professionals

from diverse backgrounds to work more effectively with children with autism and related disabilities and their families. Each year, GaLEND will fund student trainees for one year from various community and health related disciplines, including speech-language pathology. Trainees will participate in seminars, practica, family mentoring and other program activities.

The Georgia State NSSLHA chapter's new officers will take office this month. Last semester, students sponsored a bake sale and raised \$200 for the Side by Side Brain Injury Clubhouse located in Stone Mountain, Georgia. NSSLHA is planning a Valentines Day Fundraiser to benefit an organization helping people with communication disorders and will once again host a Job Fair in March. Employers and students from all campuses in Georgia are invited to come participate in this event. For additional information about the Job Fair contact Dr. Stacey Wallen at swallen@gsu.edu.

In other news, we offer a special welcome to Jacqueline Murry who joins our team of exceptional parttime instructors this spring semester to assist with our clinical education and supervision. Dr. Debra Schober-Peterson presented at the SEUCE conference in Birmingham, Alabama in October on Group Therapy Experiences for Clinicians. Dr. Colleen O'Rourke has been appointed to serve as Co-Chair for Audiology for the 2013 ASHA Convention in Chicago. Current student Carrie Forde, recent graduates Brittany Carroll and Elizabeth Omaivboje, and Dr. O'Rourke had the article Applying to and Succeeding in Graduate School: A Multicultural Perspective accepted for publication in Echo, the official publication of the National Black Association for Speech-Language and Hearing (NBASLH).

Mark your calendars for our Fourteenth Annual Summer Institute on June 14-15, 2012. The topic will be *Pediatric Feeding and Swallowing* presented by Dr. Donna Scarborough. Dr. Scarborough specializes in developmental speech language pathology, developmental neurosensory physiology and pediatric dysphagia at Miami University in Oxford, Ohio. She currently serves as the chair of the Division 13 Research Committee and is a member of the ASHA's Division 13 pediatric advisory board. We look forward to an exceptional Institute!

For additional information about the -7-

graduate program in Communication Disorders at Georgia State University, please call 404-413-8044.

University of Georgia

The University of Georgia CMSD program began the New Year with 26 first-year students on campus and 22 students who are completing school and medical internships. We greatly appreciate all of the off-campus supervisors who have provided excellent opportunities for our students to continue their clinical education before graduation in August. Congratulations to our faculty and students for the following presentations at the 2011 ASHA Convention in San Diego:

- Anne Bothe, Duska Franic, and Robin Bramlett. Assessment of respondent acceptability of preference measures in stuttering.
- Patrick Finn. Teaching critical thinking to future evidence-based practitioners.
- Suneeti Iyer. *Rate & duration of infant vocalizations in the first year.*
- Carol Ann Raymond, Alice Sanderson, Albert DeChicchis, Laura Smith, and Dina Vallabh. Noise-induced hearing loss in pilots: A university prevention project.

Additional travels included Dr. Suneeti Iver presenting Volubility and duration in prelinguistic vocalizations at the International Child Phonology Conference in York, England. Kay Crabb, Nancy Dellaria, Ingrid Hinkley, Carol Ann Raymond, and Alisa Schultz also attended the annual fall Southeastern University Clinical Educators Conference in Birmingham, Alabama. UGA was pleased to host the annual **Communication Sciences and Disorders Consortium on December 2** at the Georgia Center for Continuing Education in Athens. Representatives from the five ASHA accredited CSD programs in Georgia discussed issues affecting undergraduate and graduate degree programs and enjoyed a day of networking!

Save the Date for our annual CSSE Summer Institute, which will be June 13-15, 2012 at the Georgia Center for Continuing Education. A variety of experts will provide information that will be relevant to SLPs and special educators, including spelling and literacy, assistive technology, autism, behavior management, and legal issues. For more information, contact Carol Ann Raymond at raymond1@uga.edu, *See U on page 8*

2011-12 Executive Council

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Valdosta State University

Greetings and Happy New Year from Valdosta State University. We hope that your year has begun with a bang.

The spring semester is off to a great start with approximately 23 new graduate students. The students are a diverse group. They hail from far away states such as Washington, California, Michigan, Wisconsin, Ohio, and Maine and those states that are closer to home, Georgia, Alabama, and Florida.

2011 ASHA Convention San Diego, CA Christina Resolus, a senior, was selected to participate in ASHA's 2011 Minority Student Leadership Program (MSLP). She was among the more than 40+ students who participated in sessions on leadership, research, and the Communication Sciences and Disorders profession. The participants also attended the National NSSLHA Awards Luncheon.

VSU NSSLHA awarded four scholarships to students who attended the national ASHA convention in San Diego, CA. A number of undergraduate and graduate students presented and attended the convention.

Gorham-Rowan, Fowler, Morris, Graham, & Brogdon. *Neuromuscular electrical stimulation following a vocal loading task*.

Larimore, Gorham-Rowan, Waggener, Morris, Fowler, & Kachra. *Relationship between blood lactate levels and indicators of vocal fatigue*.

Holbrook, Gorham-Rowan, Fowler, Morris, & Fitzpatrick. *Neurmuscular electrical stimulation and blood pressure*.

Valdosta State University National Student Speech-Language Hearing Association (VSU NSSLHA) was busy fall semester 2011 with a number of community service projects. The Peanut Butter Drive was a successful project as members and faculty donated jars of peanut butter for our troops. Evidently there is a peanut butter shortage and our troops requested that they receive peanut butter in their care packages. We collected and mailed over eight (8) boxes of different brand named peanut butter. What a success! Another project that was successful was donating to "The End of Alzheimer's Starts with Me" campaign. Students and faculty wore purple and donated over \$100.00 to the cause. Purple was also worn for Domestic Violence month. VSU NSSLHA also participated and donated to the Lee Denim Day for Breast Cancer.

Christmas came early to Megan's House. Members donated a variety of cleaning and school supplies, toys, snacks, and a host of other items. Megan's House is a center that serves children with disabilities. The Center gives families and caregivers a short break by temporarily caring for the children.

Dr. Jade Coston along with other researcher presented research on the LENA system at ASHA in San Diego. *Consumers Guide to LENA: Comments & Recommendations From Expert Users*

Dr. Coston and students Sarah Lively and former student Jae Whitfield, presented a poster: *Using LENA with a child with cochlear implants: A case study.*

Lila Carson, Tish Consolini, and Susan Miller's article is the cover story on RTI in the recent Advance for Speech Language Pathologists and Audiologists. Please check out their cover story.

After dedicated service to Valdosta State University Communication Sciences and Disorders Program, Dr. Ruth Stonestreet has retired. Faculty and friends attended a dinner at The Ravine at Kinderlou in Valdosta, Georgia, on December 6, 2011. Although she is retired, we will still see her as she will be teaching two classes this spring.

Dr. Ruth Renee Hannibal is a member of ASHA's Speech-Language Pathology Advisory Council. If you have any concerns or issues that she should relay to the Council, please email her at rrhannib@valdosta.edu. Dr. Hannibal is also a member of the Editorial Board of SIG 15 Gerontology.

Dr. Mary Gorham-Rowan and Dr. Linda Fowler (Georgia State) will be presenting at the 3rd International Fascia Research Congress: An Investigation of Acoustic Changes, Fatigue, and DOMS in Healthy Speakers Following 30 Minutes of Transutaneous NMES to the Anterior Neck (Fowler, Awan, Gorham-Rowan, & Morris).







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